



The Process

INSTITUTE FOR PERSONAL CHANGE

www.theprocessworks.org

Tel. 650-737-1368 • Palo Alto, CA

SCHEDULE FOR FALL PROCESS 2023

September 23 – November 19, 2023

Online via Zoom, Pacific Time Zone

WEEK ONE:	Saturday Sep 23	9:00 a.m. – 5:00 p.m.
	Sunday, Sep 24	9:00 a.m. – 4:00 p.m.
WEEK TWO:	Sunday, Oct 1	9:00 a.m. – 3:30 p.m.
WEEK THREE:	Sunday, Oct 8	9:00 a.m. – 3:30 p.m.
WEEK FOUR:	Sunday, Oct 15	1:00 p.m. – 4:00 p.m.
WEEK FIVE:	Friday, Oct 20	5:00 p.m. – 8:00 p.m.
	Saturday, Oct 21	9:00 a.m. – 4:00 p.m.
	Sunday, Oct 22	9:00 a.m. – 4:00 p.m.
	Sunday, Oct 22	6:00 p.m. – 8:00 p.m.
WEEK SIX:	Sunday, Oct 29	9:00 a.m. – 3:30 p.m.
WEEK SEVEN:	Sunday, Nov 5	1:00 p.m. – 4:00 p.m.
WEEK EIGHT:	Sunday, Nov 12	9:00 a.m. – 3:30 p.m.
WEEK NINE:	Sunday, Nov 29	9:00 a.m. – 1:00 p.m.
	(Closure)	
	Sunday, Nov 29	3:00 p.m. – 5:00 p.m.
	(Commencement Celebration)	

PLEASE NOTE : Ending times are approximate

Individual sessions are included in the Process and are by arrangement with your Process therapist.