



The Process

INSTITUTE FOR PERSONAL CHANGE

www.theprocessworks.org

Tel. 650-737-1368 • Palo Alto, CA

SCHEDULE FOR WINTER PROCESS 2023

January 14 – March 12, 2023

Online via Zoom, Pacific Time Zone

WEEK ONE:	Saturday Jan 14	9:00 a.m. – 5:00 p.m.
	Sunday, Jan 15	9:00 a.m. – 4:00 p.m.
WEEK TWO:	Sunday, Jan 22	9:00 a.m. – 3:30 p.m.
WEEK THREE:	Sunday, Jan 29	9:00 a.m. – 3:30 p.m.
WEEK FOUR:	Sunday, Feb 5	1:00 p.m. – 4:00 p.m.
WEEK FIVE:	Friday, Feb 10	5:00 p.m. – 8:00 p.m.
	Saturday, Feb 11	9:00 a.m. – 4:00 p.m.
	Sunday, Feb 12	9:00 a.m. – 4:00 p.m.
	Sunday, Feb 12	6:00 p.m. – 8:00 p.m.
WEEK SIX:	Sunday, Feb 19	9:00 a.m. – 3:30 p.m.
WEEK SEVEN:	Sunday, Feb 26	1:00 p.m. – 4:00 p.m.
WEEK EIGHT:	Sunday, Mar 5	9:00 a.m. – 3:30 p.m.
WEEK NINE:	Sunday, Mar 12	9:00 a.m. – 1:00 p.m.
	(Closure)	
	Sunday, Mar 12	3:00 p.m. – 5:00 p.m.
	(Commencement Celebration)	

PLEASE NOTE : Ending times are approximate

Individual sessions are included in the Process and are by arrangement with your Process therapist.