



The Process

INSTITUTE FOR PERSONAL CHANGE

www.theprocessworks.org
Tel. 650-737-1368 • Palo Alto, CA

SCHEDULE FOR WINTER PROCESS 2024 January 27 – March 24, 2024 Online via Zoom, Pacific Time Zone

WEEK ONE:	Saturday Jan 27	9:00 a.m. – 5:00 p.m.
	Sunday, Jan 28	9:00 a.m. – 4:00 p.m.
WEEK TWO:	Sunday, Feb 4	9:00 a.m. – 3:30 p.m.
WEEK THREE:	Sunday, Feb 11	9:00 a.m. – 3:30 p.m.
WEEK FOUR:	Sunday, Feb 18	1:00 p.m. – 4:00 p.m.
WEEK FIVE:	Friday, Feb 23	5:00 p.m. – 8:00 p.m.
	Saturday, Feb 24	9:00 a.m. – 4:00 p.m.
	Sunday, Feb 25	9:00 a.m. – 4:00 p.m.
	Sunday, Feb 25	6:00 p.m. – 8:00 p.m.
WEEK SIX:	Sunday, Mar 3	9:00 a.m. – 3:30 p.m.
WEEK SEVEN:	Sunday, Mar 10	1:00 p.m. – 4:00 p.m.
WEEK EIGHT:	Sunday, Mar 17	9:00 a.m. – 3:30 p.m.
WEEK NINE:	Sunday, Mar 24	9:00 a.m. – 1:00 p.m.
		<i>(Closure)</i>
	Sunday, Mar 24	3:00 p.m. – 5:00 p.m.
		<i>(Commencement Celebration)</i>

PLEASE NOTE : Ending times are approximate

Individual sessions are included in the Process and are by arrangement with your Process therapist.