



# The Process

INSTITUTE FOR PERSONAL CHANGE

[www.theprocessworks.org](http://www.theprocessworks.org)

Tel. 650-737-1368 • Palo Alto, CA

## SCHEDULE FOR SUMMER PROCESS 2025

May 24 – July 13, 2025

**Hybrid: Partially In Person: Palo Alto, CA; Partially on Zoom**

**Dates and times subject to change**

|                          |                  |                            |           |
|--------------------------|------------------|----------------------------|-----------|
| <b>WEEK ONE:</b>         | Saturday, May 24 | 1:30 p.m. – 9:00 p.m.      | Palo Alto |
|                          | Sunday, May 25   | 10:00 a.m. – 5:00 p.m.     | Palo Alto |
| <b>WEEK TWO:</b>         | Sunday, Jun 1    | 10:00 a.m. – 5:30 p.m.     | Zoom      |
| <b>WEEK THREE:</b>       | Sunday, Jun 8    | 10:00 a.m. – 5:30 p.m.     | Zoom      |
| <b>WEEK FOUR:</b>        | Sunday, Jun 15   | 1:00 p.m. – 4:00 p.m.      | Zoom      |
| <b>WEEK FIVE:</b>        | Friday, Jun 20   | 5:00 p.m. – 8:00 p.m.      | Palo Alto |
|                          | Saturday, Jun 21 | 1:00 p.m. – 9:00 p.m.      | Palo Alto |
|                          | Sunday, Jun 22   | 10:00 a.m. – 5:00 p.m.     | Palo Alto |
|                          | Sunday, Jun 22   | 6:30 p.m. – 8:30 p.m.      | Palo Alto |
| <b>WEEK SIX:</b>         | Sunday, Jun 29   | 10:00 a.m. – 5:30 p.m.     | Zoom      |
| <b>WEEK SEVEN:</b>       | Sunday, Jul 6    | 1:00 p.m. – 4:00 p.m.      | Zoom      |
| <b>WEEKS EIGHT/NINE:</b> | Saturday, Jul 12 | 1:00 p.m. – 9:00 p.m.      | Palo Alto |
| <b>WEEKS EIGHT/NINE:</b> | Sunday, Jul 13   | 10:00 a.m. – 1:00 p.m.     | Palo Alto |
|                          | (Closure)        |                            |           |
|                          | Sunday, Jul 13   | 3:30 p.m. – 5:30 p.m.      | Palo Alto |
|                          |                  | (Commencement Celebration) |           |

**PLEASE NOTE :** Ending times are approximate

*Individual sessions are included in the Process and are by arrangement with your Process therapist. Individual sessions may be on Zoom.*