



# The Process

INSTITUTE FOR PERSONAL CHANGE

[www.theprocessworks.org](http://www.theprocessworks.org)

Tel. 650-737-1368 • Palo Alto, CA

## SCHEDULE FOR FALL PROCESS 2026

September 26 – November 22, 2026

Online via Zoom, Pacific Time Zone

Dates and times subject to change

<b>WEEK ONE:</b>	Saturday Sep 26 Sunday, Sep 27	10:00 a.m. – 5:30 p.m. 10:00 a.m. – 5:30 p.m.
<b>WEEK TWO:</b>	Sunday, Oct 4	10:00 a.m. – 5:30 p.m.
<b>WEEK THREE:</b>	Sunday, Oct 11	10:00 a.m. – 5:30 p.m.
<b>WEEK FOUR:</b>	Sunday, Oct 18	1:00 p.m. – 4:00 p.m.
<b>WEEK FIVE:</b>	Friday, Oct 23 Saturday, Oct 24 Sunday, Oct 25 Sunday, Oct 25	5:00 p.m. – 8:00 p.m. 10:00 a.m. – 5:00 p.m. 10:00 a.m. – 5:00 p.m. 6:30 p.m. – 8:30 p.m.
<b>WEEK SIX:</b>	Sunday, Nov 1	10:00 a.m. – 4:30 p.m.
<b>WEEK SEVEN:</b>	Sunday, Nov 8	1:00 p.m. – 4:00 p.m.
<b>WEEK EIGHT:</b>	Sunday, Nov 15	10:00 a.m. – 4:30 p.m.
<b>WEEK NINE:</b>	Sunday, Nov 22 Sunday, Nov 22	10:00 a.m. – 1:30 p.m. (Closure) 3:30 p.m. – 5:30 p.m. (Commencement Celebration)

**PLEASE NOTE** : Ending times are approximate

*Individual sessions are included in the Process and are by arrangement with your Process therapist.*