



# The Process

INSTITUTE FOR PERSONAL CHANGE

[www.theprocessworks.org](http://www.theprocessworks.org)

Tel. 650-737-1368 • Palo Alto, CA

## SCHEDULE FOR FALL PROCESS 2025

**September 20 – November 16, 2025**

**Online via Zoom, Pacific Time Zone**

**Dates and times subject to change**

<b>WEEK ONE:</b>	<b>Saturday Sep 20</b>	<b>10:00 a.m. – 5:30 p.m.</b>
	<b>Sunday, Sep 21</b>	<b>10:00 a.m. – 5:30 p.m.</b>
<b>WEEK TWO:</b>	<b>Sunday, Sep 28</b>	<b>10:00 a.m. – 5:30 p.m.</b>
<b>WEEK THREE:</b>	<b>Sunday, Oct 5</b>	<b>10:00 a.m. – 5:30 p.m.</b>
<b>WEEK FOUR:</b>	<b>Sunday, Oct 12</b>	<b>1:00 p.m. – 4:00 p.m.</b>
<b>WEEK FIVE:</b>	<b>Friday, Oct 17</b>	<b>5:00 p.m. – 8:00 p.m.</b>
	<b>Saturday, Oct 18</b>	<b>10:00 a.m. – 5:00 p.m.</b>
	<b>Sunday, Oct 19</b>	<b>10:00 a.m. – 5:00 p.m.</b>
	<b>Sunday, Oct 19</b>	<b>6:30 p.m. – 8:30 p.m.</b>
<b>WEEK SIX:</b>	<b>Sunday, Oct 26</b>	<b>10:00 a.m. – 4:30 p.m.</b>
<b>WEEK SEVEN:</b>	<b>Sunday, Nov 2</b>	<b>1:00 p.m. – 4:00 p.m.</b>
<b>WEEK EIGHT:</b>	<b>Sunday, Nov 9</b>	<b>10:00 a.m. – 4:30 p.m.</b>
<b>WEEK NINE:</b>	<b>Sunday, Nov 16</b>	<b>10:00 a.m. – 1:30 p.m.</b>
		<i>(Closure)</i>
	<b>Sunday, Nov 16</b>	<b>3:30 p.m. – 5:30 p.m.</b>
		<i>(Commencement Celebration)</i>

**PLEASE NOTE :** Ending times are approximate

*Individual sessions are included in the Process and are by arrangement with your Process therapist.*